

explore

connect

restore



Heart-Connect
Counselling & Seminars
SIG TAYLOR, MSW, RSW



What Sig has to say about...

Can I Save My Marriage?

Yes, if you and your spouse want to save it!

The sad fact is....80% of couples that divorce, **don't ask for help**. They try to work it out themselves and in the end because they haven't been taught the right "relationship building" tools they become so alienated and estranged they think there's no other way out except divorce. In my experience, in most cases...that's not the truth.

Most people attribute marriage breakdown to factors such as dishonesty, affairs, conflict, etc. on The real reason most marriages fail is due to inattentiveness and neglect.

We live in a fast world with huge to-do lists. The demands of modern life take a huge toll on relationships. A marriage, that is the couple connection, is often lost to work, children, hobbies, the internet and television. By the time couples have given their energy to all of these activities and demands, most don't have much left over for each other. And suddenly it seems "you just don't communicate anymore."

Does this sound familiar to you?

Well, having had over 20 years experience working as a marriage therapist, I've come to the conclusion that most couples in distress CAN save their relationship and marriage with the right education and relationship skills training. They can learn to communicate again and that's what I teach them to do.

If you believe that your marriage is in trouble, my best advice is to ask for help! Don't try and work through it on your own. Get the right professional to help you save your marriage.

Call now to arrange a [FREE Consultation](#) and I'll show you the roadmap to restoring your relationship. Most couples are relieved when they see a clear and coherent path forward.