

explore

connect

restore



Heart-Connect
Counselling & Seminars
SIG TAYLOR, MSW, RSW



What Sig has to say about...

Can Your Marriage Survive An Affair?

“An Affair” doesn’t have to mean the end of your marriage!

Yes it can be one of the lowest, darkest moments of your entire life and dealing with the affair can be one of the most difficult challenges you and your spouse will ever face. As a marriage therapist for over 20 years, I’ve heard countless clients confess to being on the brink of divorce because of infidelity and they all ask the same question “how can we get past this and keep our marriage together?”

The truth is that affairs shatter trust and cause great emotional trauma with feelings of anger, hurt, betrayal, fear, sadness and loss for all involved. However, it’s important to know that, no matter how bleak things might seem, it’s possible to revitalize a marriage wounded by infidelity. It’s not easy – there are no quick-fix, one-size-fits-all solutions to save a marriage from divorce – but years of experience has taught me that the damage done by an affair can be healed and worked through.

If a couple is sincere and willing to work through a process of discovery and healing their marriage can be brought back from the brink of disaster.

If you really want to save your marriage then I suggest that you don’t let an affair destroy your life. Commit to working on saving it and don’t do it alone. Get help from a skilled and experienced marriage counsellor.

If you would like to take steps to find out how your marriage can survive an affair, contact us now and book a [FREE Consultation](#) with me. Your life and marriage are worth saving.